

HELLCATS
Cheerleaders



Season 12

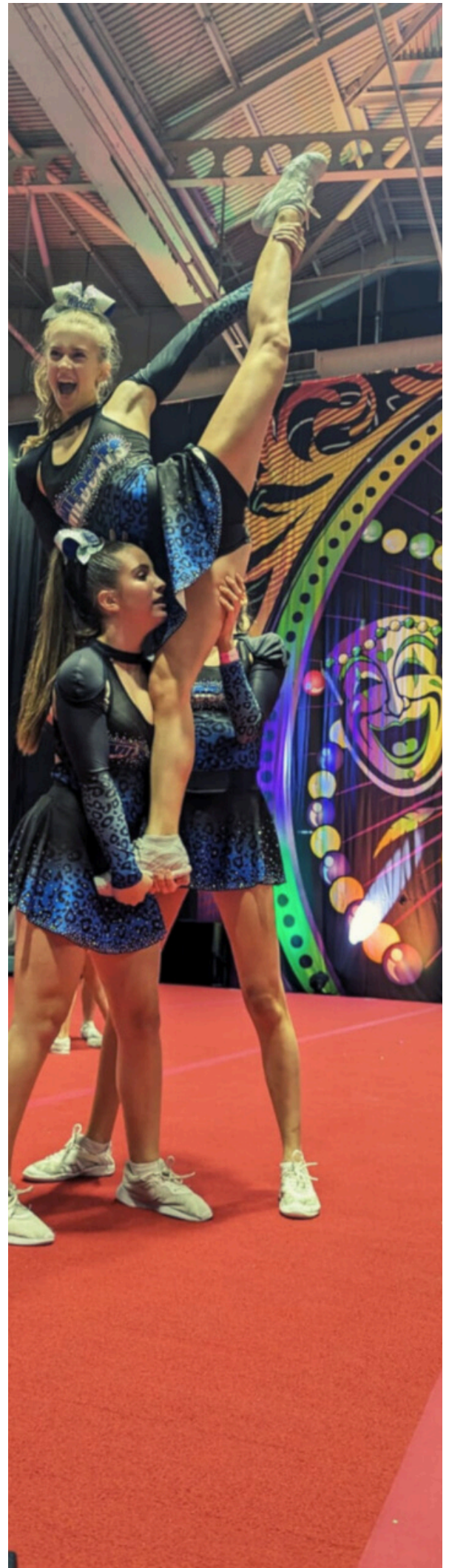
**COMPETITION TEAM
INFORMATION PACK**

WWW.HELLCATSCHEERLEADERS.CO.UK

CONTENTS

THE INFORMATION

- 3** About Us
- 4** Extra Classes
- 5** Addlestone Classes
- 6** Chichester Classes
- 7** Important Info - Age Updates
- 8** Season 12 Teams
- 9** Tumble Classes
- 10** Season 12 Costs
- 11** Competition Schedule
- 12** Competition Costs
- 13-24** Key Dates Calendar
- 25-26** The Coaches
- 27** Athlete Code Of Conduct
- 28** Attendance Policies





ABOUT US

HELLCATS are cheerleaders biggest cheerleaders! We are a vibrant community based in Chichester and Addlestone with a passion for making cheerleading accessible for all. Starting off as an after school club, we are now entering our 12th competitive season and our athletes have gone on to compete at The Cheerleading World Championships, The Summit, Nfinity Finals and have represented England at the ICU Worlds.

With the help of our home-grown coaching team, we are so proud to provide classes for everyone, regardless of age, gender, ability level or previous experience. We firmly believe cheer is for everyone and strive to create opportunities for our athletes to push themselves safely out of their comfort zone and find their inner potential through our leadership opportunities and fun-filled training sessions.

We are dedicated to fostering an environment where individuals gain a strong grounding in not only cheerleading-specific skills but valuable life skills they can take with them far beyond their years on the mat.

Our Hellcats Values are at the heart of everything we do and we use these to help tailor our programme and empower each member of the Hellcats Pride on their journey to becoming their most successful self.



EXTRA CLASSES

In addition to our team training sessions, we also offer a range of additional classes to help take your training and performance to the next level!

All our competition athletes have 1 hour of tumble classes per week included in their monthly fees. Athletes can add extra tumble hours to their subscription at any time!

TUMBLE

Athletes are able to book 1:1 sessions with our experienced coaching staff to work on their tumbling or flying skills. Prices start from £15 for 30 minutes!

PRIVATEES

This class is mandatory for all flyers and is the perfect way for all athletes to improve on their flexibility and core strength. This class can be added to your subscription at any time!

STRETCH & FLEX

Our development teams are by invitation only. These teams are designed for athletes who are ready to start pushing their skills to the next level. This team is a crossover only.

DEVELOPMENT

Our Open Gym sessions are self-led sessions for athletes to work on their stunts and tumbles in a supervised and fun environment. This weekly class is perfect for athletes to try new things at their own pace.

OPEN GYM

Additional classes can be added to your subscription at any time. Additional classes are charged from £20 per month on top of your existing monthly fees.

PRICES

FULLBROOK

Classes

MONDAY

TUMBLE - LEVEL 0 - 5-6PM
TUMBLE - LEVEL 1 - 6-7PM
TUMBLE - LEVEL 2+ - 7-8PM
TUMBLE - SENIOR/OPEN -
8-9PM

TUESDAY

TIGERS - YP1 - 5-7PM
PANTHERS - JP1 - 7-9PM

WEDNESDAY

CLAW - JP1 - 5-7PM
JAGUARS - S3 - 6:30-9PM

THURSDAY

CUBS - MN1 - 5-6:30PM
CARACALS - YN1 - 6:30-8PM
LEOPARDS - SP1 - 6:30-
8:30PM

FRIDAY

DEVELOPMENT 2 - 5-6PM
STRETCH & FLEX - 6-7PM

NOTES

PLEASE NOTE ALL TUMBLE
CLASSES WILL BE
ALLOCATED SHORTLY
FOLLOWING TEAM
PLACEMENTS

CHICHESTER

Classes

MONDAY

CHEETAHS - YP1 - 4:30-
6:30PM

PUMAS - JP1 - 6:30-8:30PM

TUESDAY

DEVELOPMENT 2 - 5-6PM

OCELOTS - U16 2 - 6-8:30PM

THUNDERCATS - IONT2 -
8-10PM

WEDNESDAY

KITTENS - TN1 - 4-4:45PM

BOBTAILS - MN1 - 5-6:30PM

JUNGLE CATS - YN1 -
5-6:30PM

LIONS - U12 1 - 6-8:30PM

THURSDAY

BOBCATS - MP1 -
4:30-6:30PM

SCRATCH - U16 1 - 6:30-9PM

FRIDAY

TUMBLE - TINY - 4-4:45PM

TUMBLE - LEVEL 0 - 5-6PM

TUMBLE - LEVEL 1 - 6-7PM

TUMBLE - LEVEL 2+ 7-8PM

TUMBLE - LEVEL 2+ 8-9PM

SUNDAY

TINY TUMBLERS - 9-9:45AM

TUMBLE - L0 - 10-11AM

TUMBLE - L1 - 11-12PM

TUMBLE - L2+ - 11-12PM

STRETCH & FLEX - 12-1PM



IMPORTANT INFORMATION

AGE DIVISIONS

For the 2024-2025 season, Sport Cheer UK are moving solely to the IASF division list/age grid for elite teams, with the addition of the Sport Cheer UK Senior Divisions. Age brackets for Prep/Novice divisions remain determined by age on 31/08/2024.

The new age categories are listed below:

- Under 6 - athletes born 2018-2020
- Under 8 - athletes born 2016-2020
- Under 12 - athletes born 2011-2017
- Under 14 - athletes born 2010-2015
- Under 16 - athletes born 2008-2013
- Under 18 - athletes born 2006-2011
- Open - athletes born 2009 or earlier

- Senior - athletes aged 12+ as of 31/08/2024
Please note that the bottom age for Senior athletes has been raised to 12 for the upcoming season.

The 10 year rule still applies in Senior divisions for the upcoming season. For example, if the youngest athlete is aged 12 by 31/08/2024, the oldest athlete cannot be older than 22 by 31/08/2024



It is necessary to note that due to age changes for divisions, this may have an effect on stunting roles for athletes. We predict that some younger athletes used to flying may have a year of basing on a team as one of the eldest on the team and then return to flying in the future when they age into the next division as the youngest on the team. This is the nature of our sport and we will always strive to provide athletes with high level coaching in all areas with our Stretch & Flex classes and flyer 1:1 classes available to all alongside their normal team training. This will allow opportunity to progress in different stunting roles, providing our athletes with a well-rounded experience of the sport and many future opportunities.

Please note that all team placements are final and at the discretion of our coaching team. We will assign teams based on where we believe athletes and the programme as a whole will experience the most success through the season.

At Hellcats we require all athletes to compete in their youngest age-eligible team as their primary team before crossing over into older divisions. Any exceptions to this will be made at the coaches discretion.

TEAM	DIVISION	AGE	TRAINING HOURS PER WEEK (INC. TUMBLE)
KITTENS	TINY NOVICE	AGE 4-6 BY 31/08/2024	1.5 HOURS PER WEEK
BOBTAILS	MINI NOVICE	AGE 5-8 BY 31/08/2024	2.5 HOURS PER WEEK
CUBS	MINI NOVICE	AGE 5-8 BY 31/08/2024	2.5 HOURS PER WEEK
CARACALS	YOUTH NOVICE	AGE 6-11 BY 31/08/2024	2.5 HOURS PER WEEK
JUNGLE CATS	YOUTH NOVICE	AGE 6-11 BY 31/08/2024	2.5 HOURS PER WEEK
BOBCATS	MINI PREP LEVEL 1	AGE 5-8 BY 31/08/2024	3 HOURS PER WEEK
TIGERS	YOUTH PREP LEVEL 1 XS	AGE 7-11 BY 31/08/2024	3 HOURS PER WEEK
CHEETAHS	YOUTH PREP LEVEL 1 SM	AGE 7-11 BY 31/08/2024	3 HOURS PER WEEK
PUMAS	JUNIOR PREP LEVEL 1 XS	AGE 9-14 BY 31/08/2024	3 HOURS PER WEEK
PANTHERS	JUNIOR PREP LEVEL 1 SM	AGE 9-14 BY 31/08/2024	3 HOURS PER WEEK
LEOPARDS	SENIOR PREP LEVEL 1 XS	AGE 12+ BY 31/08/2024	3 HOURS PER WEEK
LIONS	U12 LEVEL 1	BORN 2012-2017	3.5 HOURS PER WEEK
OCELOTS	U16 LEVEL 2	BORN 2008-2013	3.5 HOURS PER WEEK
JAGUARS	SENIOR LEVEL 3	AGE 12+ BY 31/08/2024	3.5 HOURS PER WEEK
THUNDERCATS	INT.OPEN LEVEL 2 NON-TUMBLE	BORN 2009 OR EARLIER	2 HOURS PER WEEK
CLAW	JUNIOR PREP LEVEL 1 (USA)	AGE 9-14 BY 31/08/2024	3 HOURS PER WEEK
SCRATCH	U16 LEVEL 1/ JUNIOR LEVEL 1 (USA)	BORN 2008-2013	3.5 HOURS PER WEEK

SEASON

12

TUMBLE CLASSES

At Hellcats Cheerleaders, all our competition athletes have a 1-hour tumble class per week included in their monthly fees. Athletes will be placed into their tumble groups based on ability and age. Additional tumble classes can be added to your subscription at any time.

FULBROOK

MONDAYS 5-6PM	BEGINNER TUMBLE (LEVEL 0)
MONDAYS 6-7PM	INTERMEDIATE TUMBLE (LEVEL 1)
MONDAYS 7-8PM	INTERMEDIATE TUMBLE (LEVEL 2-3)
MONDAYS 8-9PM	SENIOR/ADULT TUMBLE (ALL LEVELS)



CHICHESTER

FRIDAY 4-4:45PM	TINY TUMBLE (AGE 4-5)
FRIDAY 5-6PM	BEGINNER TUMBLE (LEVEL 0)
FRIDAY 6-7PM	INTERMEDIATE TUMBLE (LEVEL 1)
FRIDAY 7-8PM	INTERMEDIATE TUMBLE (LEVEL 2-3)
FRIDAY 8-9PM	SENIOR/ADULT TUMBLE

Season Costs



Please note that our training costs are paid over 11 months with a payment freeze in August. Gym closures/Bank Holidays have been taken into account.

TEAMS	MONTHLY FEE (Due 1st of Month)	MEMBERSHIP (Due by 30th Sept)	UNIFORM (Due by 15th Dec)
KITTENS	£43.96	£25	£60
THUNDERCATS	£43.96	£25	£130
BOBTAILS/CUBS/CARACALS/ JUNGLE CATS	£54.95	£25	£60
BOBCATS/CHEETAHS/TIGERS	£65.95	£25	£90
PANTHERS/PUMAS/ LEOPARDS/CLAW	£65.95	£25	£130
LIONS/OCELOTS/ JAGUARS/SCRATCH	£76.94	£25	£130

ADDITIONAL COSTS:

- **Crossovers** - Additional £40 added to your monthly fee per additional team.
- **Choreography Camps** - All comp teams (excluding Kittens) will be charged an additional £18 in November for mandatory choreography sessions (please see Key Dates pages for details).
- **Additional Classes** eg extra tumble, Stretch & Flex etc can be added for an £20 per month per additional class.

UNIFORMS:

We are proud to offer a uniform hire/purchase scheme at Hellcats. 50% of uniform cost will be refunded to you upon return of the uniform at the end of the season.

Competition

SEASON 12

Schedule

TEAMS	EVENT	DATE	LOCATION
ALL COMPETITION TEAMS	PRE-SEASON SHOWCASE	18/19TH JANUARY 2025	TBC
KITTENS-BOBTAILS-CUBS- CARACALS-JUNGLE CATS- BOBCATS-CHEETAHS-TIGERS- PANTHERS-PUMAS-LEOPARDS	FUTURECHEER ESSENTIALS - SOUTH	25/26TH JANUARY 2025	GUILDFORD
CLAW & SCRATCH	ICC SOUTHERNS	1/2ND FEBRUARY 2025	GUILDFORD
LIONS-OCELOTS- JAGUARS-THUNDERCATS	FUTURECHEER SPOTLIGHT SHOWDOWN	15/16TH MARCH 2025	ESSEX
CLAW & SCRATCH	BCA SPRING SPIRIT	5/6TH APRIL 2025	CRAWLEY
CLAW & SCRATCH	NFINITY FINALS	2-4TH MAY 2025	FLORIDA, USA
BOBCATS-CHEETAHS-TIGERS- PANTHERS-PUMAS-LEOPARDS- LIONS-OCELOTS-JAGUARS- THUNDERCATS	CHEER CITY SUMMER GAMES	17-18TH MAY 2025	HERTFORDSHIRE
BOBCATS-CHEETAHS-TIGERS- PANTHERS-PUMAS-LEOPARDS- LIONS-OCELOTS-JAGUARS- THUNDERCATS	LIVE YOUR LEGACY NATIONALS	7-8TH JUNE 2025	BIRMINGHAM
KITTENS - BOBTAILS - CUBS - CARACALS - JUNGLE CATS - CLAW - SCRATCH	ICC SOUTHERN JAM	14-15TH JUNE 2025	GUILDFORD
ALL COMPETITION TEAMS	SUMMER SHOWCASE	28/29TH JUNE 2025	ADDLESTONE/CHICHESTER



Competition Costs

TEAM	SINGLE PAYMENT	PAYMENT 1/3 DUE 1ST OCT	PAYMENT 2/3 DUE 1ST NOV	PAYMENT 3/3 DUE 1ST DEC
CLAW & SCRATCH	SEE TRAVEL TEAM PACK	SEE TRAVEL TEAM PACK	SEE TRAVEL TEAM PACK	SEE TRAVEL TEAM PACK
ELITE TEAMS	£173	£65	£65	£65
PREP TEAMS	£163	£60	£60	£60
NOVICE TEAMS	£97	£35	£35	£35
CROSSOVERS	EXTRA TBC	EXTRA TBC	EXTRA TBC	EXTRA TBC

Comp fees are paid by the programme at the start of the season. Payment deadlines must be met or you may be removed from your respective team.

Spectator Tickets



Spectator Tickets cost between £15-£35 per event. Tickets can be purchased on our online store up until the Order Deadlines (deadlines will be posted in your team Band Apps)

August



2024

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1	2	3
4	5	6 Holiday Camps 9-3pm	7	8	9	10
11	12	13 Holiday Camps 9-3pm	14	15	16	17
18	19	20 Holiday Camps 9-3pm	21	22	23	24
25	26	27	28	29	30	31

To do list

Notes

September 2024

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2 Season 12 Begins!	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30 Membership Fee Due					

To do list

Notes

October

2024

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1 Comp Payment #1 Due	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28 1/2 Term No Classes	29 Holiday Camp 9-3pm	30 1/2 Term No Classes	31 1/2 Term No Classes		

To do list

Notes

November 2024

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1 Comp Payment #2 Due Choreo Fee Due	2 Claw Choreo 10-1pm Lions Choreo 1-4pm Jaguars Choreo 2-5pm
3 Tigers Choreo 10-1pm Bobcats Choreo 1-4pm Panthers Choreo 2-5pm Scratch Choreo 4:30-7:30pm	4	5	6	7	8	9 Cheetahs Choreo 1-4pm Pumas Choreo 4:30-7:30pm
10 Cubs Choreo 10-1pm Ocelots Choreo 1-4pm Leopards Choreo 2-5pm Thunder Choreo 4:30-7:30pm	11	12	13	14	15	16 Bobtails Choreo 1-4pm
17 Jungle Choreo 1-4pm	18	19	20	21	22	23
24 Caracals Choreo 10-1pm	25	26	27	28	29	30

To do list

Notes

December 2024

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1 Comp Payment #3 Due	2	3	4	5	6	7
8	9	10	11	12	13	14
15 Uniform Fees Due	16	17	18	19	20	21
22	23 Xmas No Classes	24 Xmas No Classes	25 Xmas No Classes	26 Xmas No Classes	27 Xmas No Classes	28 Xmas No Classes
29 Xmas No Classes	30 Xmas No Classes	31 Xmas No Classes				

To do list	Notes

01

JANUARY 2025

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			Xmas 1 No Classes	Xmas 2 No Classes	Xmas 3 No Classes	Xmas 4 No Classes
Xmas 5 No Classes	6	7	8	9	10	11
12	13	14	15	16	17	18 Snowcase
19 Snowcase	20	21	22	23	24	25 FC Essentials South
26 FC Essentials South	27	28	29	30	31	

TO DO

NOTE

02

FEBRUARY 2025

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						1 ICC Southernns
2 ICC Southernns	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17 1/2 Term No Classes	18 Holiday Camp 9-3pm	19 1/2 Term No Classes	20 1/2 Term No Classes	21 1/2 Term No Classes	22
23	24	25	26	27	28	

TO DO

NOTE

03

MARCH 2025

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15 FC Spotlight Showdown
16 FC Spotlight Showdown	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

TO DO

NOTE

04

APRIL 2025

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		1	2	3	4	5 BCA Spring Spirit
6 BCA Spring Spirit	7	8	9	10	11	12
13	Easter 14 No Classes	Holiday 15 Camp 9-3pm	Easter 16 No Classes	Easter 17 No Classes	Easter 18 No Classes	Easter 19 No Classes
Easter 20 No Classes	21	22	23	24	25	26
27	28 Gyms CLOSED	29 Gyms CLOSED	30 Gyms CLOSED			

TO DO

NOTE

Open Gyms will be scheduled during Florida closure dates. Keep an eye on your Team Band!

Please note we are only closing for ONE week at Easter this year.

05

MAY 2025

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				1 Gyms CLOSED	2 Gyms CLOSED	3 Gyms CLOSED
4 Gyms CLOSED	5 Revised Schedule	6 Revised Schedule	7 Revised Schedule	8 Revised Schedule	9	10
11	12	13	14	15	16	17 Cheer City Summer Games
18 Cheer City Summer Games	19	20	21	22	23	24
25	26 1/2 Term No Classes	27 Holiday Camp 9-3pm	28 1/2 Term No Classes	29 1/2 Term No Classes	30 1/2 Term No Classes	

TO DO

NOTE

06

JUNE 2025

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1	2	3	4	5	6	7 Live Your Legacy
8 Live Your Legacy	9	10	11	12	13	14 ICC Southern Jam
15 ICC Southern Jam	16	17	18	19	20	21
22	23	24	25	26	27	28 Summer Showcase
29 Summer Showcase	30 Pre-Eval Open Gyms					

TO DO

NOTE

07

JULY 2025

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		1 Pre-Eval Open Gyms	2 Pre-Eval Open Gyms	3 Pre-Eval Open Gyms	4 Pre-Eval Open Gyms	5
6	7 Season 13 Skill Evaluations	8 Season 13 Skill Evaluations	9 Season 13 Skill Evaluations	10 Season 13 Skill Evaluations	11 Season 13 Skill Evaluations	12 Season 12 Awards Evening
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

TO DO

NOTE

THE TEAM BEHIND THE TEAMS



Rachel Henn

Programme Owner
Tumbling Director

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07989667596



Laura Askey

All Star Director
Coach

laura@hellcatscheerleaders.co.uk
07309737030



Emily Weir

Recreational and Parties
Co-Ordinator
Coach

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Jody Farrier

Retail Co-Ordinator
Coach

jody@hellcatscheerleaders.co.uk



Charlotte Brandon

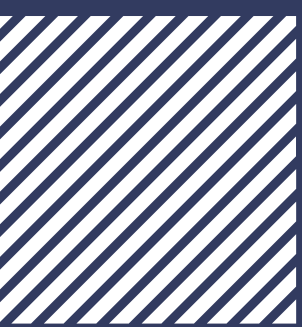
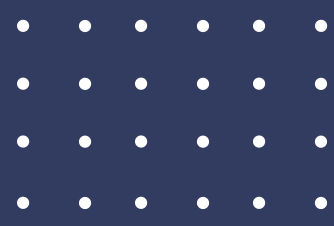
Social Media Co-Ordinator
Coach

charlie@hellcatscheerleaders.co.uk



Zara Keirs

Coach



THE TEAM BEHIND THE TEAMS



Hannah Dobson
Recreational and Party Coach



Lexi Class-Kirtley
Assistant Coach



JUNIOR COACHES

Our Junior Coaching programme for 24-25 is now open for applicants! If you are:

- Year 10 or above this academic year
- Passionate about cheerleading
- Wanting to push yourself and your cheer knowledge
- Available to volunteer 2 hours a week of your time

Please email laura@hellcatscheerleaders.co.uk stating why you would like to be a junior coach and what skills you think you would bring to the programme!



Requirements for all Competitive Cheerleaders

- All athletes compete in teams according to age rules from the SCUK – when there is more than 1 team for 1 age group, athletes will compete in teams according to ability. Team placements are at the coach's discretion and all placements are final.
- If offered a crossover, athletes understand they are required to accept their primary team in order to accept their crossover team. No athlete will be permitted to compete on their crossover allocation instead of their primary allocation.
- All athletes will compete for a full season and will be required to pay 1 month's notice plus a £100 re-choreography fee if they leave mid-season (after 1st November 2024).
- All athletes are expected to attend all competitions. If an athlete is unable to attend one of the competitions scheduled, they will be removed from all subsequent competitions and any fees paid forfeited. The athlete will then complete the season as an Alternate.
- All athletes will attend **all** training sessions and competitions throughout the year and will only miss for extenuating circumstances (found in the constitution). Unauthorised absences will result in a strike under our Three Strike Policy. Please submit an absence request form.
- No athletes will take a holiday 3 weeks before a competition. Please let us know your holiday dates as soon as you do so that we are aware of your absences. Absences within 3 weeks of competition may result in the athlete losing their spot in the routine as per our Red Zone Policy. Please submit an absence request form.
- All athletes will keep up to date with financial requirements. Failed payments will result in the athlete being unable to train and may therefore lose their spot in the routine.
- All athletes will sign and abide by the Hellcats Constitution and a Hellcats Medical Form.
- All athletes will attend tumble training in addition to their team training sessions. Any athlete who repeatedly misses their tumble training may be removed from their team.
- All athletes are responsible for their uniforms and are expected to keep them clean and in good condition.
- All athletes will show good sportsmanship at all times. Any athlete found to be bullying, or bringing the Hellcats brand into disrepute will be immediately removed from the program.



ATTENDANCE POLICIES 2024-2025

ATTENDANCE POLICY

Please be fully aware that cheerleading is a demanding sport and requires full attendance, as one person missing will affect the whole team. If you are committing to being part of a Hellcats competitive team you are expected to attend ALL competitions and practices.

EXCUSED

The following instances may be classed as authorised absences providing they are submitted in writing (via Hellcats Absence Request Form) in advance of the training session/competition. Illnesses should be reported via text or email as soon as possible.

- Graded school event/exam
- Fever/vomiting/contagious illness (not including minor colds)
- Family death/funeral
- Holidays IF notified with at least 4 weeks notice and not within our Red Zone (see Red Zone Policy)

NOT EXCUSED

The following instances will NOT be excused and will result in a strike (see 3 Strike Policy)

- Homework/revision – please make sure you organise your time accordingly, you are only required to train twice a week.
- Recreational sport event/non-compulsory school or sports event
- Holidays or any absence within 3 weeks of competition (see Red Zone Policy)

3 STRIKES POLICY

If an athlete has 3 unexcused absences within a season they will lose their place on the team. Strikes are issued at the discretion of the team coach and should not be argued. Parents will be notified via email when their child accrues a Strike and will be informed of how many remaining strikes they have. All subscription fees, entry fees and spectator tickets will be forfeited in the event of team removal under the 3 Strikes Policy.

RED ZONE POLICY

Our Red Zone consists of the 3 weeks leading up to a competition. Any unauthorised absences during this zone may result in the athlete losing their place on the team or having their role within the team significantly reduced or changed. Cheerleading is a team sport with an element of risk and for this reason, it is important that we ensure our athletes have the ability to train safely and effectively at all times and particularly in the lead up to any events. If your absence during Red Zone affects the team's ability to train properly, we reserve the right to remove you from the team for the upcoming performance or significantly change your role within the routine. It will be your responsibility to learn any changes that have been made should this be the case. Red Zone removals and changes are at the coach's discretion and all decisions are final. All competition entry fees and spectator tickets will be forfeited in the event of removal from the team under the Red Zone Policy.

We do not wish to scare anyone with our policies but simply need to advise how important it is that athletes attend every session as cheer is a team-based sport. By signing you agree to all of the above terms and understand that failure to comply may result in the loss of your place on the team.